CLYDESDALE RESULTS

PLC	#	NAME	CITY	ST	AGE	S	SWIM plc	SWIM time	100 yds	TRAN time	BIKE plc	BIKE time	BIKE mph	TRAN time	RUN plc	RUN time	TOTAL pace	TOTAL TIME
1	341	Mike Pulkrab	Cedar Rapids	IA	40	M	6	10:31	1:56	1:57	1	43:14	19.4	1:14	2	25:03	8:04	1:21:56
2	416	Tim Klatt	Cedar Falls	IA	47	M	1	8:25	1:33	3:14	5	44:38	18.8	1:38	4	25:55	8:21	1:23:48
3	389	Chris Nesseth	Marion	IA	37	M	2	9:37	1:46	2:27	4	44:21	18.9	2:24	3	25:16	8:08	1:24:03
4	481	George Sehl	Iowa City	IA	39	M	12	11:42	2:09	2:49	8	46:43	18.0	0:56	1	22:18	7:11	1:24:26
5	330	Larry Stout	Ankeny	IA	44	M	7	10:42	1:58	2:37	2	43:31	19.3	1:57	7	28:39	9:14	1:27:24
6	507	Jason Marcel	Des Moines	IA	29	M	15	13:57	2:34	1:33	3	44:15	19.0	1:48	5	26:09	8:25	1:27:39
7	467	Wes Chaplin	Pella	IA	31	M	11	11:27	2:06	2:50	6	45:54	18.3	1:22	6	26:23	8:30	1:27:54
8	531	Michael Norris	Ames	IA	31	M	4	10:00	1:50	1:38	9	47:40	17.6	1:29	12	31:11	10:03	1:31:57
9	502	John Swenning	Iowa City	IA	35	M	9	11:05	2:02	3:08	10	48:47	17.2	1:28	8	29:27	9:29	1:33:52
10	476	Robert Peterson	Clarksville	IA	40	M	3	9:38	1:46	2:43	11	50:19	16.7	1:12	10	30:47	9:55	1:34:38
11	552	Rich Glean	W. Des Moines	IA	38	M	17	14:23	2:38	2:33	7	46:41	18.0	2:05	14	35:10	11:19	1:40:50
12	311	Jim Addy	Des Moines	IA	37	M	10	11:22	2:05	2:17	13	52:53	15.9	1:43	13	33:40	10:51	1:41:53
13	532	Robert Weltzin	Marshalltown	IA	35	M	13	12:00	2:12	3:01	15	54:56	15.3	3:27	11	31:04	10:00	1:44:26
14	388	Steve Angersinger	Des Moines	IA	36	M	14	13:21	2:27	3:04	16	55:48	15.1	1:59	9	29:39	9:33	1:44:49
15	516	Chet Culver	Des Moines	IA	38	M	8	10:58	2:01	2:59	12	51:37	16.3	1:27	16	39:02	12:34	1:46:01
16	403	Jeff Bratz	West Des Moine	IA	32	M	5	10:09	1:52	3:17	14	53:37	15.7	2:39	15	37:19	12:01	1:47:00

ATHENA RESULTS

PLC	#	NAME	CITY	ST	AGE	S	SWIM plc	SWIM time	100 yds	TRAN time	BIKE plc	BIKE time	BIKE mph	TRAN time	RUN plc	RUN time	TOTAL pace	TOTAL TIME
1	535	Tamara Loan	Cedar Rapids	IA	23	F	4	13:26	2:28	3:22	1	48:25	17.4	1:06	1	23:41	7:38	1:29:59
2	347	Kate Reis	Des Moines	IA	27	F	1	9:53	1:49	2:40	2	48:43	17.2	1:22	2	27:55	8:59	1:30:30
3	504	Sue Baxter	Cedar Rapids	IA	38	F	3	11:24	2:05	2:41	4	53:21	15.8	1:59	3	32:47	10:33	1:42:10
4	511	Feryl York	Cedar Rapids	IA	27	F	2	11:10	2:03	2:16	3	52:59	15.9	1:31	4	35:41	11:29	1:43:35

TEAM RESULTS

TOTAL PLACE	DIV PLC	TEAM	MEMBERS: SWIMMER, BIKER, RUNNER	SWIM plc	SWIM time	100 yds	TRAN time	BIKE plc	BIKE time	BIKE mph	TRAN time	RUN plc	RUN time	TOTAL pace	TOTAL TIME
1	1/4	Atmomic	Rich Evans , Mike Conzemins , Tressa Meyer	2	7:42	1:25	0:58	1	38:39	21.7	0:46	4	23:43	7:38	1:11:46
2	1/2	The No Names	Matt Dahlka , Corbin Miller , Brent Castier	1	6:39	1:13	1:01	5	44:28	18.9	0:42	2	20:46	6:42	1:13:35
3	2/4	Likes to Race	Terri Pizinger , Terri Pizinger , Ben Brown	6	12:04	2:13	1:02	3	41:48	20.1	0:37	1	18:06	5:50	1:13:36
4	2/2	Spirit II	Eric Fruin , Bob Peterson , Larry Walden	4	9:12	1:41	1:28	4	42:45	19.7	0:44	3	22:41	7:19	1:16:48
5	3/4	The Marshians	Lis Wolf , Robert Ihry , Lis Wolf	3	7:43	1:25	0:57	6	44:51	18.7	0:50	5	26:37	8:34	1:20:56
6	4/4	Who's Your Daddy?	C J Ong , C J Ong , Clar Baldus	5	11:56	2:11	2:03	2	40:54	20.5	0:59	6	29:24	9:28	1:25:14